

4 night Retreat with Firooza Razvi



Mount Madonna, California

April 4th - 8th, 2018

Taught in the beautiful Santa Cruz Mountains, Firooza's teachings bring deep inspiration and insight to the eight limbs of Yoga. Firooza studied intensively with B K S Iyengar from 1977. With a Masters in Philosophy her clear understanding of the Yoga Sutra's of Patanjali and other ancient texts that form the basis of yoga informs and illuminates her teaching.

Accommodation costs vary and include 3 vegetarian meals per day
Tuition is \$410 before 1/1/2018 Full Price \$550

For more details please contact:

solasyogi@gmail.com